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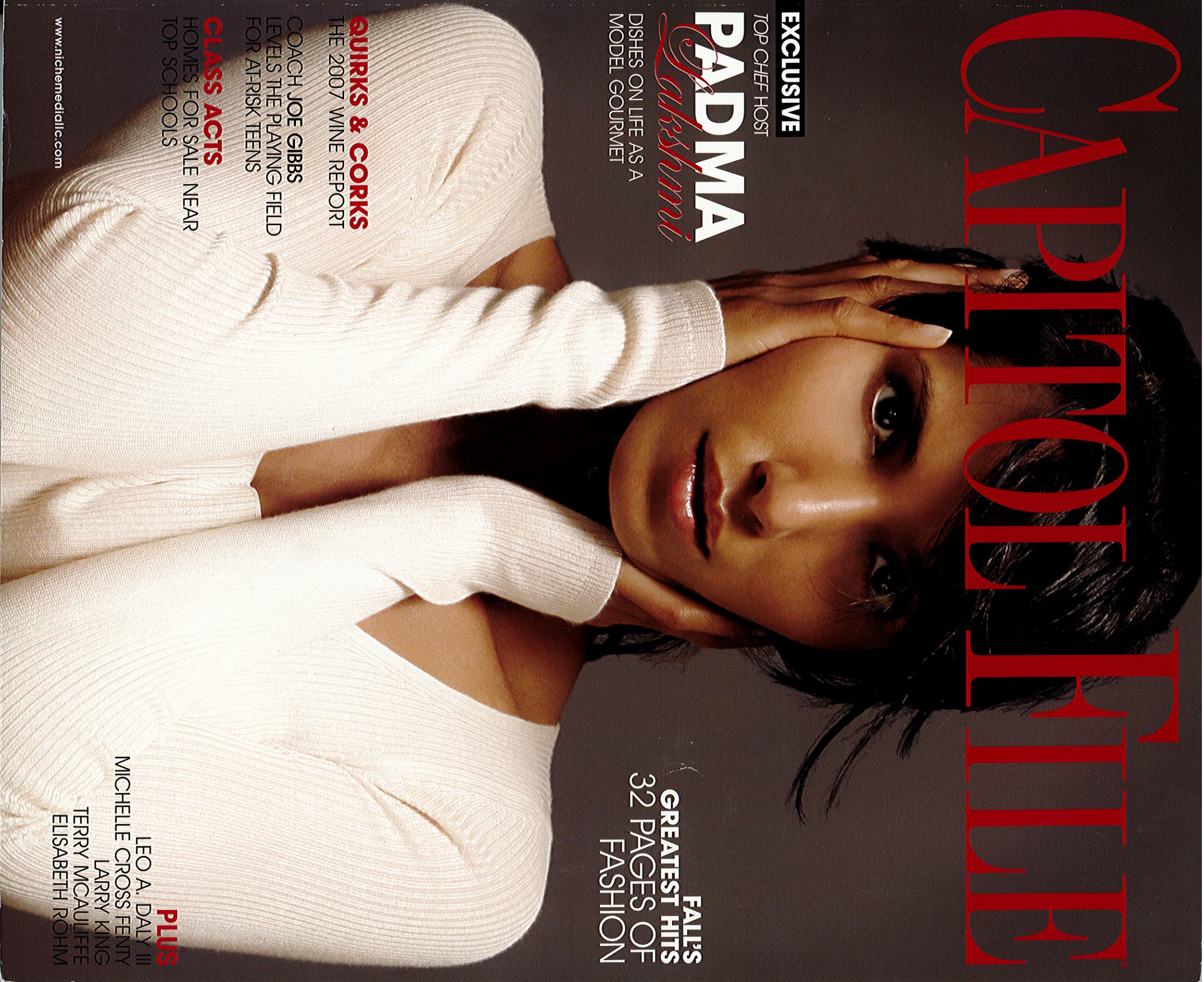
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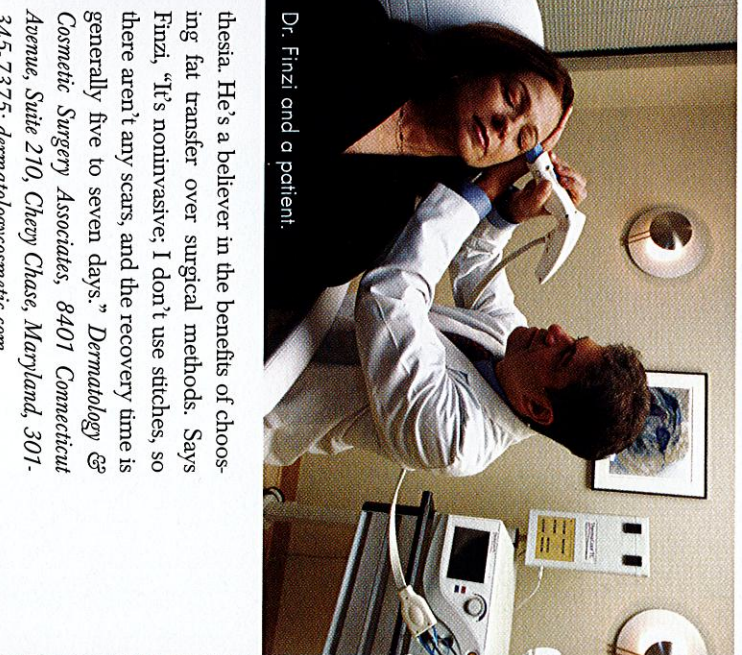
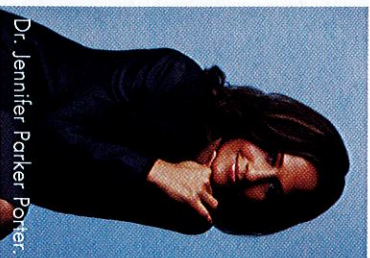
These plastic surgeons keep aging at bay with up-to-the-minute medical "miracles."

By Cheryl Masri

DR. C. COLEMAN BROWN, who trained for two years with famed New York City plastic surgeons Dr. Daniel C. Baker and Dr. Sherrell J. Aston, recommends the new Slift for the busy executive wanting to turn back the clock. "The idea," he says, "is to tighten and resuspend the underlying structural layers of the cheek but not remove much skin, while concentrating on the jawline and neck as well." He adds that scarring is minimal; you're ready to resume your regular schedule in about a week and, best of all, you look refreshed—not "windwept." If you're not ready for the knife, Dr. Brown suggests Fraxel laser treatments that help "reestablish the more robust collagen layers of the skin of our youth."

The young Dr. Brown is old-school when it comes to the latest facial-rejuvenation trends. He cites Thermage and the highly advertised "thread-lift" as two techniques whose effectiveness and safety have yet to be proved. *3454 Wisconsin Avenue, Chevy Chase, Maryland, 301-215-5955.*

DR. ERIC FINZI is a recognized studio artist and sculptor as well as a dermatologist with a Ph.D. in biochemistry—a true Renaissance man. Dr. Finzi also spent two years in a lab at the National Institutes of Health studying skin cancer treatments. Dr. Finzi's unique approach to a more youthful appearance is fat transfer. He liposuctions excess fat from certain areas of your body and moves it to the areas that have lost fat due to aging. Ever the artist, he resculpts the hollows under eyes, cheeks, nasolabial folds, lips, and even hands. Dr. Finzi also performs lip-lifts by removing fat from the neck and jaw area and then using a special instrument to stimulate the tightening of the lower facial muscles. All procedures are performed in his surgery center under local anes-



thesia. He's a believer in the benefits of choosing fat transfer over surgical methods. Says Finzi, "It's noninvasive; I don't use stitches, so there aren't any scars, and the recovery time is generally five to seven days." *Dermatology & Cosmetic Surgery Associates, 8401 Connecticut Avenue, Suite 210, Chevy Chase, Maryland, 301-345-7375; dermatologycosmetic.com.*

DR. JENNIFER PARKER PORTER has a reputation in town as the go-to plastic surgeon for rhinoplasty. Hollywood starlets, carpooling moms, and downtown execs all flock to Dr. Porter for natural-looking noses. Her before-and-after patient photos reveal how dramatic a small tweak to the beak can be. Removing a bump or "lifting" a droopy nose tip can erase years from a face. If surgery's not your style, Dr. Porter can also smooth out a crooked nose with Radiase, a nonsurgical option that lasts about two years. And Dr. Porter does recommend one "hope in a jar" product for eyelids, Obagi's Elastiderm Night Eye Cream. The light cream "gives the eyes a little lift," she says, and laughingly exclaims, "I wish Obagi would come out with a lifting formula for the entire face!" *Chevy Chase Facial Plastic Surgery, 8401 Connecticut Avenue, Suite 107, Chevy Chase, Maryland, 301-652-8191.*



Skin Tight

By Betsey McLain

FROM LEFT: Anti-Aging Cleanser by **Steven Victor MD** (\$65). Available at *Celadon Spa, 1780 F Street NW, 202-347-3333*. Perfectionist [CP+] Serum with Poly-Collagen Peptides by **Estée Lauder** (\$80). Available at *Saks Fifth*

Avenue, Tysons Galleria, 2051 International Drive, McLean, Virginia, 703-761-0700. Anti-Oxidant Age Reverse Day Lotion SPF 20 by **Neutrogena** (\$19.99). Available at *CVS, 1418 P Street NW, 202-939-5735*. Advanced No-Injection Winkle Smoother by **Patricia Wexler M.D.** (\$29.50). Available at *Bath & Body Works, Tysons Corner Center, 1961 Chain Bridge Road, McLean, Virginia, 703-442-3904*. Signs Dual Treatment Mask by **SK-II** (\$110 for six). Available at *Saks Fifth Avenue, 5555 Wisconsin Avenue, Chevy Chase, Maryland, 301-657-9000*. Double Serum Generation 6 by **Clarins** (\$90). Available at *Nordstrom, 8075 Tysons Corner Center, McLean, Virginia, 703-761-1121*. Contour Expert Reshaping and Lifting Crème by **Yves Saint Laurent** (\$88). Available at *Saks Fifth Avenue*. SEE ABOVE. The Youth As We Know It by **Bliss** (\$79). Available at *Bluemercury, 3059 M Street NW, 202-965-1300*. Sisleya Daily Line Reducer by **Sisley** (\$380). Available at *Neiman Marcus, Mazza Gallerie, 5300 Wisconsin Avenue NW, 202-966-9700*. CitySkin Night Treatment (\$140) by **Murad**. Available at *LifeSpa, 5900 Trinity Parkway, Centreville, Virginia, 703-815-5189*. Age Management Marine Enzyme Serum by **Dr Bragi**. (\$240). Visit *blissworld.com*. The Microdelivery Peel by **Philosophy** (\$65). Available at *Sephora, 3065 M Street NW, 202-338-5644*.

photographs by Abby Greenawalt (PORTER); Olivia Boinet (FINZI); David Lewis Taylor (PRODUCTS)